



Govt. Dental College, Alappuzha

Vandanam PO, Kerala, India - 688 005.
www.gdcalappuzha.org

Anti-Substance Abuse Awareness Club[ASAAC]

ASAAC, Government Dental College, Alappuzha is mainly constituted to ensure a healthy campus by imposing a total ban on tobacco, alcohol and illicit drugs by the students of the college.

Though the prevalence of tobacco use is seen decreasing among the adolescents and youth, alcohol consumption and substance abuse is increasing among the youth and adolescents in the last few years. The use of these substances affect their personal and professional lives .

It is the need of the hour to spread the message of “Anti Substance Abuse” amongst the adolescents and youth and to encourage their participation in creating a Campus free of Tobacco, Alcohol and Illicit drugs.

Functions

- Conducting Awareness Programmes in the college with the help of subject experts
- Educating the students about the ill effects of these deleterious habits
- Encouraging peer policing among students against the use of tobacco, alcohol and illicit drugs and reporting of any noticed use of these substances to ASAAC
- Equip the Undergraduate students with the skills in Cessation Counselling Techniques
- Promoting IEC (Information, Education and Communication) activities in the College premises

Members of ASAAC

Chair Person

Dr. Sheela Sreedharan, Principal, GDCA

Co-ordinators

Dr. Dhanya.R (Assistant Professor, Department of Public Health Dentistry, GDCA)

Dr. Ramesh S (Assistant Professor, Department of Oral Medicine and Radiology, GDCADr. Pratheek V.S (Assistant Professor, Department of Conservative Dentistry & Endodontics, GDCA)

Mr. Manoj (Administrative Assistant)

Student Members

Abdulla Basil

Jeswin P Davis

Fausiya Beevi

ASAAC Activities

The official inauguration of ASAAC started with a talk on "Dangers of Drug Abuse and Measures to overcome those habits" by Dr. Sebind Kumar, Assistant Professor, Department of Psychiatry, TD Medical College, Alappuzha on 26.09.2018.

The focus of talk was on the Biophysiology of substance abuse and techniques to be followed for the cessation of the deleterious habits. The talk was very informative for the dental students



Talk by Dr.Sebind Kumar



Interaction with the audience

A programme was organised by ASAAC on 27th September 2018 for creating awareness among the students. The Excise team visited our institution and delivered short talks on Drug Abuse.

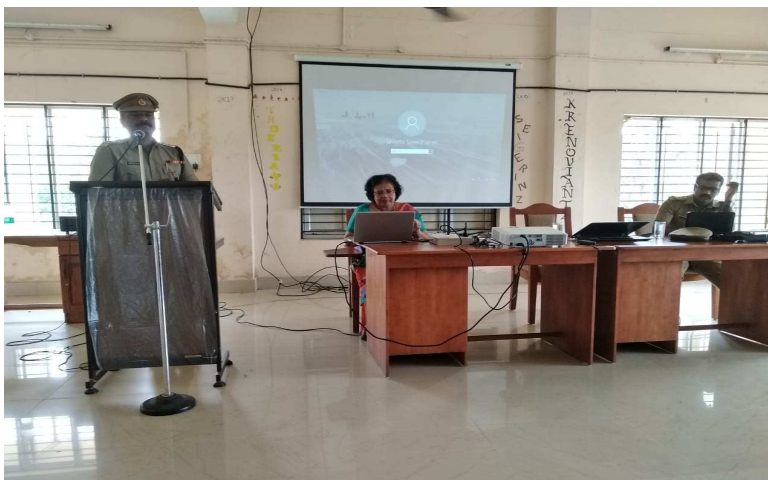
The Programme started with a welcome note by Dr. Sheela Sreedharan, Principal, GDCA. Then Mr. Anilkumar, Assistant Excise Commissioner, Alappuzha shared his professional experience to the staff and students of GDCA. It was indeed inspiring for all of us. This was followed by a talk by Mr. Robert, Circle Inspector of Excise Squad. He emphasised on the social impact of these habits and how these habits affect our quality of life. The talk provided valuable insights to our students.



Welcome Note by Dr.Sheela Sreedharan



The Audience



Talk by Mr.Anil Kumar



Talk by Mr.Robert